

Summary Table 9. Average hours per day spent by individuals 25 to 54 years old doing selected activities, on days they worked, by marital status, employment status and presence and age of children, 2011 annual averages

All marital statuses - employed

Activity			Average hours per day, population								
			Both sexes			Men			Women		
			Total	Weekdays	Weekends	Total	Weekdays	Weekends	Total	Weekdays	Weekends
1	Total, all activities	est	24	24	24	24	24	24	24	24	24
1		se	0	0	0	0	0	0	0	0	0
1		n	3122	2242	880	1596	1120	476	1526	1122	404
2	Personal care activities	est	8.56	8.48	9.07	8.37	8.28	8.94	8.81	8.74	9.26
2		se	0.041	0.045	0.086	0.053	0.059	0.103	0.06	0.065	0.141
2		n	3122	2242	880	1596	1120	476	1526	1122	404
3	-- Sleeping	est	7.77	7.67	8.37	7.68	7.58	8.31	7.88	7.8	8.44
3		se	0.041	0.045	0.084	0.053	0.058	0.106	0.059	0.065	0.139
3		n	3118	2240	878	1594	1119	475	1524	1121	403
4	-- Grooming	est	0.76	0.77	0.69	0.66	0.67	0.6	0.89	0.9	0.81
4		se	0.01	0.011	0.021	0.013	0.015	0.027	0.017	0.018	0.035
4		n	2759	2038	721	1366	998	368	1393	1040	353
5	-- Other personal care including related travel	est	0.03	0.04	0.02	0.03	0.03	0.03	0.03	0.04	0.01
5		se	0.007	0.008	0.006	0.008	0.01	0.01	0.011	0.013	0.003
5		n	136	101	35	76	52	24	60	49	11
6	Eating and drinking	est	1.1	1.08	1.24	1.17	1.15	1.33	1.01	1	1.12
6		se	0.017	0.02	0.046	0.026	0.028	0.071	0.022	0.024	0.049
6		n	2975	2146	829	1537	1085	452	1438	1061	377
7	-- Eating and drinking	est	1.02	1	1.11	1.08	1.07	1.16	0.94	0.93	1.03
7		se	0.016	0.017	0.038	0.023	0.025	0.057	0.02	0.022	0.043
7		n	2975	2146	829	1537	1085	452	1438	1061	377
8	-- Travel related to eating and drinking	est	0.08	0.08	0.13	0.09	0.08	0.16	0.07	0.07	0.09
8		se	0.006	0.006	0.016	0.009	0.009	0.026	0.006	0.007	0.01
8		n	755	523	232	421	284	137	334	239	95
9	Household activities	est	1.05	0.98	1.46	0.79	0.73	1.17	1.38	1.31	1.86
9		se	0.027	0.03	0.078	0.034	0.039	0.087	0.048	0.05	0.134

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9		n	2269	1646	623	1013	708	305	1256	938	318
10	-- Housework	est	0.29	0.25	0.54	0.13	0.1	0.33	0.48	0.43	0.82
10		se	0.014	0.016	0.043	0.013	0.012	0.048	0.026	0.031	0.075
10		n	879	582	297	260	154	106	619	428	191
11	-- Food preparation and cleanup	est	0.4	0.39	0.42	0.25	0.25	0.29	0.58	0.58	0.6
11		se	0.012	0.013	0.031	0.012	0.013	0.028	0.023	0.025	0.054
11		n	1678	1241	437	679	481	198	999	760	239
12	-- Lawn and garden care	est	0.09	0.08	0.15	0.11	0.1	0.12	0.06	0.04	0.18
12		se	0.011	0.012	0.032	0.018	0.02	0.023	0.013	0.012	0.068
12		n	182	114	68	113	72	41	69	42	27
13	-- Household management	est	0.07	0.07	0.07	0.07	0.06	0.08	0.08	0.08	0.06
13		se	0.006	0.007	0.01	0.008	0.008	0.016	0.01	0.011	0.013
13		n	485	352	133	216	144	72	269	208	61
14	-- Maintenance, decoration, and repair	est	0.06	0.04	0.12	0.07	0.05	0.16	0.04	0.03	0.08
14		se	0.007	0.008	0.025	0.012	0.012	0.037	0.01	0.011	0.038
14		n	115	71	44	80	47	33	35	24	11
15	-- Other household activities, including travel	est	0.15	0.15	0.16	0.17	0.16	0.19	0.14	0.14	0.12
15		se	0.014	0.016	0.025	0.023	0.026	0.035	0.012	0.014	0.024
15		n	683	506	177	322	225	97	361	281	80
16	Purchasing goods and services	est	0.47	0.45	0.63	0.38	0.34	0.6	0.59	0.58	0.67
16		se	0.017	0.019	0.048	0.02	0.022	0.063	0.03	0.033	0.07
16		n	1283	898	385	579	379	200	704	519	185
17	-- Consumer goods purchases	est	0.22	0.2	0.37	0.16	0.13	0.34	0.29	0.27	0.41
17		se	0.009	0.01	0.031	0.011	0.011	0.042	0.016	0.018	0.044
17		n	1190	814	376	540	343	197	650	471	179
18	-- Professional and personal care services	est	0.04	0.04	0.03	0.03	0.03	0.02	0.06	0.06	0.04

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18		se	0.006	0.006	0.008	0.007	0.008	0.007	0.009	0.01	0.017
18		n	191	157	34	75	60	15	116	97	19
19	-- Other services purchases	est	0.01	0.01	0.01	0.01	0.02	~0	0.01	0.01	~0
19		se	0.003	0.003	0.002	0.004	0.005	-	0.002	0.002	-
19		n	63	52	11	24	19	5	39	33	6
20	-- Travel related to purchasing goods and services	est	0.2	0.2	0.22	0.17	0.16	0.24	0.23	0.24	0.2
20		se	0.009	0.01	0.018	0.011	0.012	0.025	0.014	0.016	0.021
20		n	1242	871	371	558	366	192	684	505	179
21	Caring for and helping household members	est	0.58	0.6	0.49	0.45	0.45	0.43	0.76	0.78	0.58
21		se	0.02	0.024	0.043	0.026	0.03	0.046	0.036	0.041	0.07
21		n	1314	1009	305	576	426	150	738	583	155
22	-- Caring for and helping household children	est	0.45	0.45	0.44	0.34	0.33	0.38	0.58	0.59	0.52
22		se	0.016	0.019	0.041	0.019	0.021	0.042	0.03	0.034	0.067
22		n	1257	968	289	548	405	143	709	563	146
23	-- Caring for and helping household adults	est	0.02	0.02	0.01	0.03	0.03	0.01	0.02	0.02	0.02
23		se	0.006	0.007	0.005	0.011	0.013	0.003	0.006	0.006	0.01
23		n	105	79	26	48	37	11	57	42	15
24	-- Caring for and helping household members, unspecified	est	~0	~0	~0	~0	~0	~0	~0	~0	~0
24		se	-	-	-	-	-	-	-	-	-
24		n	1	0	1	0	0	0	1	0	1
25	-- Travel related to caring for and helping household members	est	0.12	0.13	0.04	0.09	0.09	0.04	0.16	0.18	0.04
25		se	0.006	0.007	0.007	0.007	0.009	0.011	0.009	0.01	0.01
25		n	721	639	82	258	221	37	463	418	45
26	Caring for and helping nonhousehold members	est	0.13	0.13	0.17	0.11	0.1	0.16	0.16	0.15	0.18
26		se	0.014	0.016	0.038	0.018	0.019	0.051	0.023	0.026	0.045
26		n	285	192	93	129	91	38	156	101	55

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35		n	0	0	0	0	0	0	0	0	0
36	-- Travel related to work and work-related activities	est	0.67	0.7	0.48	0.73	0.76	0.55	0.59	0.62	0.39
36		se	0.017	0.019	0.029	0.025	0.029	0.043	0.02	0.023	0.031
36		n	2534	1973	561	1314	1004	310	1220	969	251
37	Educational activities	est	0.12	0.12	0.08	0.12	0.12	-	0.11	0.12	0.08
37		se	0.027	0.03	0.036	0.044	0.05	-	0.023	0.026	0.029
37		n	89	68	21	34	25	9	55	43	12
38	-- Attending class	est	0.05	0.05	-	0.06	0.07	-	0.03	0.03	~0
38		se	0.017	0.019	-	0.029	0.033	-	0.008	0.009	-
38		n	34	28	6	15	12	3	19	16	3
39	-- Homework and research	est	0.05	0.06	0.04	0.04	0.04	~0	0.07	0.07	-
39		se	0.011	0.012	0.014	0.014	0.016	-	0.016	0.017	-
39		n	62	47	15	23	17	6	39	30	9
40	-- Other educational activities and related travel	est	0.02	0.02	~0	0.01	0.02	-	0.02	0.02	~0
40		se	0.005	0.005	-	0.006	0.007	-	0.007	0.008	-
40		n	42	37	5	16	12	4	26	25	1
41	Organizational, civic and religious activities	est	0.18	0.15	0.34	0.18	0.15	0.32	0.17	0.14	0.36
41		se	0.014	0.016	0.033	0.022	0.023	0.048	0.018	0.021	0.049
41		n	325	195	130	156	92	64	169	103	66
42	-- Religious and spiritual activities	est	0.06	0.04	0.18	0.05	0.04	0.16	0.07	0.05	0.2
42		se	0.006	0.006	0.02	0.007	0.007	0.023	0.011	0.011	0.036
42		n	193	96	97	91	40	51	102	56	46
43	-- Volunteering (organizational and civic activities)	est	0.09	0.08	0.11	0.09	0.09	0.12	0.08	0.07	0.11
43		se	0.01	0.011	0.02	0.014	0.015	0.032	0.013	0.015	0.024
43		n	160	111	49	83	60	23	77	51	26
44	-- Travel related to organizational, civic, and religious activities	est	0.03	0.03	0.05	0.03	0.03	0.04	0.03	0.02	0.05

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44		se	0.004	0.004	0.006	0.006	0.007	0.008	0.004	0.005	0.009
44		n	209	109	100	110	56	54	99	53	46
45	Leisure and Sports	est	2.97	2.8	4.03	3.13	2.96	4.16	2.77	2.6	3.86
45		se	0.047	0.052	0.121	0.074	0.08	0.17	0.061	0.067	0.15
45		n	2872	2047	825	1478	1032	446	1394	1015	379
46	-- Socializing and communicating	est	0.4	0.35	0.72	0.36	0.32	0.56	0.45	0.37	0.94
46		se	0.021	0.022	0.058	0.026	0.029	0.066	0.031	0.031	0.105
46		n	948	635	313	442	299	143	506	336	170
47	-- Relaxing and thinking	est	0.17	0.17	0.18	0.2	0.2	0.19	0.14	0.14	0.16
47		se	0.013	0.015	0.03	0.021	0.023	0.049	0.015	0.017	0.023
47		n	613	460	153	324	248	76	289	212	77
48	-- Watching TV	est	1.59	1.52	2.01	1.75	1.66	2.28	1.38	1.34	1.66
48		se	0.035	0.038	0.084	0.049	0.051	0.136	0.045	0.049	0.093
48		n	2181	1569	612	1177	825	352	1004	744	260
49	-- Reading	est	0.13	0.12	0.17	0.1	0.09	0.14	0.16	0.16	0.21
49		se	0.009	0.01	0.023	0.01	0.01	0.022	0.018	0.02	0.042
49		n	454	317	137	210	143	67	244	174	70
50	-- Playing games	est	0.09	0.09	0.1	0.11	0.11	0.12	0.08	0.08	0.06
50		se	0.014	0.015	0.024	0.019	0.021	0.034	0.02	0.022	0.033
50		n	151	107	44	92	62	30	59	45	14
51	-- Computer and Internet use for leisure	est	0.15	0.15	0.15	0.16	0.15	0.19	0.14	0.15	0.11
51		se	0.014	0.015	0.028	0.02	0.023	0.045	0.017	0.019	0.022
51		n	398	294	104	203	152	51	195	142	53
52	-- Participating in sports, exercise and recreation	est	0.2	0.19	0.24	0.22	0.21	0.28	0.17	0.17	0.19
52		se	0.012	0.012	0.036	0.018	0.018	0.053	0.013	0.014	0.036
52		n	508	393	115	263	202	61	245	191	54

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53	-- Other leisure and sports activities	est	0.11	0.09	0.22	0.11	0.09	0.2	0.1	0.08	0.25
53		se	0.012	0.012	0.032	0.017	0.018	0.04	0.013	0.013	0.053
53		n	267	171	96	131	82	49	136	89	47
54	-- Travel related to leisure and sports activities	est	0.14	0.12	0.23	0.13	0.12	0.2	0.14	0.12	0.28
54		se	0.007	0.008	0.021	0.011	0.012	0.026	0.011	0.011	0.04
54		n	845	555	290	404	270	134	441	285	156
55	Telephone calls, mail and E-mail	est	0.1	0.1	0.12	0.08	0.07	0.1	0.13	0.13	0.15
55		se	0.007	0.007	0.018	0.009	0.009	0.023	0.012	0.013	0.031
55		n	576	418	158	238	168	70	338	250	88
56	Other activities, not elsewhere classified	est	0.16	0.15	0.22	0.17	0.16	0.24	0.16	0.15	0.19
56		se	0.014	0.015	0.028	0.017	0.018	0.038	0.019	0.022	0.038
56		n	454	328	126	223	152	71	231	176	55

NOTES:

(1) Data are from the American Time Use Survey, 2011

(2) Average hours per day, population: Estimates are an average across all persons in the given population, whether or not they did the activity.

(3) "est" refers to "estimate", "se" refers to "standard error", "n" refers to the number of survey respondents

(4) "Average hours" data are weighted estimates. Unless otherwise specified these data refer to individuals ages 15 and over.

(5) "Weekdays" refers to nonholiday weekdays and "weekend days" refers to weekend days and holidays. Holidays are New Year's Day, Easter, Memorial Day, the Fourth of July, Labor Day, Thanksgiving Day, and Christmas Day. In 2011, data were not collected about Christmas Day.

(6) "~0" indicates the estimate is approximately zero.

(7) "-" indicates the estimate is suppressed because it does not meet the American Time Use Survey standard for quality and reliability.

(8) Data are for the US civilian noninstitutional population.