A selection of scientific studies on the effects of Fosamax and similar drugs on bone density and fracture risk.

The Fracture Intervention Trial (FIT), FIT-2, the FIT Long-term Extension of FIT (FLEX), the Fosamax International Study (FOSIT) all were ongoing research into Fosamax and its class of drugs, called bisphosphonates. Here are a few citations of the many papers produced:


