BREAKFAST  
Served All Day

**THE MOWP DINER’S TRADITIONAL**  $5.95
Two farm-fresh eggs* cooked to order. Served with veggie hash, fruit, a choice of pancake or whole wheat toast and milk.

**MOWP’S VANCOUVER OMELET**  $7.95
Two farm-fresh eggs*, onions, mushrooms, tomatoes, spinach and peppers. Served with Yukon gold hash, fruit, whole wheat toast and milk.

**MOWP’S AVOCADO TOAST**  $5.95
Coarsely chopped avocado with cilantro, lime juice, olive oil and black pepper on toasted brioche. Served with two farm-fresh eggs*, veggie hash, fruit and milk.

**MOWP’S PORTABELLA MUSHROOM BENEDICT**  $7.50
Grilled portabella mushroom filled with fresh spinach. Topped with a poached egg and homemade Hollandaise sauce. Served with fresh fruit, milk and Yukon gold hash.

**LUNCH**  
Available after 11 a.m.

**MOWP’S VANCOUVER MEATLOAF**  $8.95
House-made meatloaf. Served with scalloped potatoes, seasonal vegetables, fruit, whole wheat toast and milk.

**THE MOWP CLASSIC DINER BURGER**  $7.95
One-third pound local beef patty, leaf lettuce, tomato, onion and house sauce. Served with a side salad with balsamic vinaigrette, fruit and milk.

**THE MOWP CLASSIC VEGGIE BURGER**  $8.95
Beyond Beef vegetarian patty, avocado salad, tomato, onion and house sauce on a brioche bun. Served with fruit and milk.

**MOWP’S TUNA SALAD SANDWICH**  $6.95
House-made tuna salad, lettuce and tomato on whole wheat toast. Served with a side salad, fruit and milk.

**MOWP’S CHICKEN POT PIE**  $8.95
Tender thigh meat simmered in a savory sauce with carrots onions and peas. Topped with flaky puff pastry. Served with a side Caesar salad, fresh fruit and a glass of milk.

**MOWP’S CHICKEN CAESAR SALAD**  $6.95
Crispy romaine, croutons, shredded parmesan, house Caesar dressing and grilled chicken breast. Served with whole wheat toast and milk.

*Notice: Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase risk of food borne illness.

Please present your Meals on Wheels People Diner Club card to your server for each visit.